See Reverse Side for Patient Preparation Information and Directions to our Facility
MRI/MRA Instructions

This examination cannot be performed if you have a cardiac pacemaker or defibrillator.
If you have a cerebral aneurysm clip, hearing implants, or other metal in your body, please let us know because it may be unsafe for you to have this study.
If you have ever sought medical treatment for a metal fragment in your eye, please let us know, because you may need an x-ray to ensure it is safe for you to have this study.
If you are or may be pregnant, please let us know.

IMPORTANT: Take all your usual medications unless instructed otherwise by your physician.

- Adenosine Perfusion Cardiac MRI:
  *This examination cannot be performed if you have asthma. If you suspect you might have asthma, please let us know.*
  You may not consume products containing caffeine or theophylline for 24 hours before the test. For example, you should not drink coffee (including decaffeinated coffee), tea, or soft-drinks. You should not eat chocolate. And, you should not take over-the-counter drugs that contain caffeine such as Anacin. Certain drugs may interfere with this test. If you are taking any of the following drugs, please let us know:

  - Dipyridamole
  - Aerolate
  - Constant-T
  - Elixophylline
  - Primatene
  - Quibron
  - Respbid
  - Slo-bid
  - Slo-Phylline
  - T-PHYL
  - Tedral SA
  - Theo-24
  - Theoclear
  - Theo-Dur
  - Theolair
  - Theo-Organidin
  - Theo-Sav
  - TheoStat
  - Theo-Dur
  - Theo-Organidin
  - Cafergot
  - Esgic
  - Fioricet
  - Fiorinal
  - Norgesic
  - Synalgos-DC
  - Wigrain

CT/CTA Instructions

No food four hours prior to the exam (except for Cardiac Calcium Score or CT of the Spine, Bone, or Joint).

IMPORTANT: Take all your usual medications unless instructed otherwise by your physician.

If you have a history of an allergy to iodinated contrast, asthma, or a strong allergic history, please notify the office when scheduling your exam. Premedication may be necessary depending on the clinical history.

CT uses x-rays. If you are or might be pregnant, please inform the staff because this test may be inappropriate for you and your unborn child.

Virtual Colonoscopy: Call for special instructions.

Ultrasound Instructions

- Pelvic: Drink one quart of water prior to the exam and do not urinate. Your bladder must be full for the sonogram.
- Abdominal / Aortic / Renal: Clear liquid diet 4 hours prior to the exam. No milk products or carbonated beverages.
- Gallbladder: Clear liquid diet 12 hours prior to the exam. No milk products or carbonated beverages.

Carnegie Hill Radiology
170 E. 77th Street, New York, NY 10075
(212) 369-9200

Directions:
#6 Train: Half a block east of the 77th St. stop.
M79: Two blocks south of the 3rd Avenue or Lexington Avenue stops.
Parking lots are directly across the street and next door.

If you have questions about these instructions, please call us before your appointment.